



Leader in Training

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Leader in Training Program 2015

YMCA-YWCA of Guelph

Fred Kelly Room (at the main Y)

130 Woodland Glen Dr. Guelph, ON

Ages: 13-17 (as of December 31st 2015)

Cost: \$175/week

Regular Camp Hours: 8:30am-5:00pm

Two sessions will be offered (*same course offered twice*):

Session #1: June 29th - July 3rd*

Session #2: July 27th - July 31st

Become a leader with the Leader in Training Program at the Y!

The Leader in Training Program offers a one week training session offering leadership training, team based activities and opportunities to be mentored and participate in volunteer placements throughout the summer at any of our offered Day Camps. Participation in this program will encourage greater independence and foster skills in collaboration, accountability and leadership through the eyes of a camp counselor.

The Leader in Training Program strives to develop today's young people into the leaders of tomorrow. We connect youth in this program with supportive allies in a safe, welcoming environment where they can feel accepted, find their own voices and become meaningfully engaged in our community.

After successfully completing the one week course, at the main Y, there will be an opportunity to volunteer at the Day Camp of your choice for 1-3 weeks. You will be assigned a mentor for each week you volunteer, with specific roles and responsibilities to work through. Volunteer opportunities will be assigned during this one week course for the following weeks and arranged with the L.I.T. Instructor.

Youth will be given the opportunity to swim during open camp swim each day at 2:00pm. Daily check-ins with the instructor will take place to support each youth's learning while setting daily goals for personal growth throughout the week.

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Competencies to cover:

- Customer Service (talking to campers and their families)
- Behaviour Management / Child Guidance Policies
- Resume Writing 101
- Health & Safety
- High Five Principles of Healthy Child Development Certification
- Basic First Aid and CPR Introduction
- Goal Setting and Personal Growth

L.I.T. Summer Sessions

Leader in Training Session

This one week in class session here at the Y offers leadership, team based activities and opportunities to be mentored and participate in volunteer placements throughout the summer at any of our offered Day Camps upon successful completion. *Campers will swim each day for an hour.*

Leader in Training Session #1 (Wk 1: June 29-July 3*)

Leader in Training Session #2 (Wk 5: July 27- July 31)

(Leader in Training Sessions are the same, offered two times this summer)

Volunteer Placements (No fee)

Upon successful completion of one of the Leadership Training sessions offered you will have the opportunity to volunteer in one of our offered Day Camps for the following listed weeks (up to 3 weeks). Your Leadership Training instructor will support you to be set up and ready to volunteer this week. *Registration is not required for Volunteer Placements. These will be set up through your L.I.T. Instructor upon completion of your one week Leader in Training Session.*

Volunteer Placements (Wk 2: July 6-10) No fee

Volunteer Placements (Wk 3: July 13-17) No fee

Volunteer Placements (Wk 4: July 20-24) No fee

Volunteer Placements (Wk 5: July 27-31) No fee

Volunteer Placements (Wk 6: August 4-7) No fee**

Volunteer Placements (Wk 7: August 10-14) No fee

Volunteer Placements (Wk 8: August 17-21) No fee

Volunteer Placements (Wk 9: August 24-28) No fee

* Wk 1: Camp will be open on Canada Day, Wednesday July 1st, 2015

** Wk 6: August 4-7 is a 4 day week